

# Metrix Elite Golf Performance Program

We've combined **three of the best golf resources**, just for you:

- Titleist Performance Institute (TPI) golf swing assessment and functional fitness assessment
- High tech golf swing analysis provided by two local PGA Golf Professionals
- The MetrixStrength™ golf conditioning program



The **Metrix Elite Golf Performance Program (MEG Pro)** is an intensive five week program that includes:

- **Tee-Off Session**— Certified TPI fitness assessment, swing analysis, club head speed analysis, customized home fitness exercise recommendations, introductory MetrixStrength Golf conditioning workout
- **Three MetrixStrength Golf conditioning sessions**— work one-on-one with a Certified MetrixStrength Coach
- **Wrap-Up Session**— fifth MetrixStrength Golf conditioning workout, club head speed analysis, swing analysis, wrap-up assessment



**Introductory Price: \$290**

Begins Saturday 11/20, ends Saturday 12/18

**Limited to nine golfers,  
so call today to reserve your spot!**



**847-562-9240**  
email: [mxstrength@metrixpt.com](mailto:mxstrength@metrixpt.com)  
[www.MetrixPT.com](http://www.MetrixPT.com)